

Therapy Pool Schedule Rocky Run YMCA



8/07/2009-08/23/2009

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Times											
5:30-5:45	Open	Open	Open	Open	Open	//////////	//////////	5:30-5:45											
5:45-6:00						//////////	//////////	5:45-6:00											
6:00-6:15						//////////	//////////	6:00-6:15											
6:15-6:30						//////////	//////////	6:15-6:30											
6:30-6:45						//////////	//////////	6:30-6:45											
6:45-7:00						//////////	//////////	6:45-7:00											
7:00-7:15						Class Deep Available	Riddle	Riddle	Riddle	Class Deep Available	Adult ONLY	//////////	7:00-7:15						
7:15-7:30												//////////	//////////	7:15-7:30					
7:30-7:45												//////////	//////////	7:30-7:45					
7:45-8:00												//////////	//////////	7:45-8:00					
8:00-8:15	//////////	//////////	8:00-8:15																
8:15-8:30	//////////	//////////	8:15-8:30																
8:30-8:45	//////////	//////////	8:30-8:45																
8:45-9:00	//////////	//////////	8:45-9:00																
9:00-9:15	//////////	//////////	9:00-9:15																
9:15-9:30	//////////	//////////	9:15-9:30																
9:30-9:45	//////////	//////////	9:30-9:45																
9:45-10:00	//////////	//////////	9:45-10:00																
10:00-10:15	Lessons Deep Available	Open	Lessons Deep Available	Open	Open	Class Deep Available	//////////	10:00-10:15											
10:15-10:30			//////////				//////////	10:15-10:30											
10:30-10:45			//////////				//////////	10:30-10:45											
10:45-11:00	Open		Open				Open	Open	Open	Class Deep Available	//////////	10:45-11:00							
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11:30-11:45											//////////	//////////	11:30-11:45						
11:45-12:00											//////////	//////////	11:45-12:00						
12:00-12:15											Class ONLY	Open	Open	Open	Open	Class Deep Available	//////////	12:00-12:15	
12:15-12:30																	//////////	//////////	12:15-12:30
12:30-12:45		//////////		//////////	12:30-12:45														
12:45-1:00		Open		Open	Open	Open					Open						Class Deep Available	//////////	12:45-1:00
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1:15-1:30	//////////		//////////				1:15-1:30												
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1:45-2:00	//////////		//////////				1:45-2:00												
2:00-2:15	//////////		//////////				2:00-2:15												
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2:45-3:00	//////////		//////////				2:45-3:00												
3:00-3:15	//////////		//////////				3:00-3:15												
3:15-3:30	Class Deep Available	Open	Open	Open	Open	Open	//////////	3:15-3:30											
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5:45-6:00	//////////	//////////	5:45-6:00																
6:00-6:15	Open	Lessons Deep Available	Class Deep Available	Lessons Deep Available	Open	Open	//////////	6:00-6:15											
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6:30-6:45							//////////	//////////	6:30-6:45										
6:45-7:00							//////////	//////////	6:45-7:00										
7:00-7:15							Class Deep Available	Open	Open	Open	Open	Open	//////////	7:00-7:15					
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9:15-9:30	//////////	//////////	9:15-9:30																
9:30-9:45	//////////	//////////	9:30-9:45																

For more information, please contact Sarah Acuna, sacuna@philaymca.org

Key: **Riddle** = Riddle clients only, closed to members; **Class** = Aqua Fitness class; **Lessons** = Swimming lessons; **Adult** = Adults only; **Deep** = Deep end ONLY is open for use;

Closed: in use for special needs, not open to members;

REMINDER: The Therapy pool is only for use by individuals UNDER 36 months of age with a parent and those over the age of 18. No toys are permitted

Updated

8/6/2009

Schedules are subject to change.