

## Christian Street YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Basketball</b> Gym A						7:00AM-9:15AM (Basketball)	7:00AM-9:00AM (Basketball)
							11:00AM-5:45PM (Basketball)
<b>Open Basketball</b> Gym B						7:00AM-10:00AM (Basketball)	7:00AM-9:00AM (Basketball)
						1:00PM-5:45PM (Basketball)	10:30AM-5:45PM (Basketball)
_ap Swimming _ap Pool (4 Lanes)						7:15AM-9:30AM (Lap Swimming)	7:15AM-9:30AM (Lap Swimming)
						4:30PM-5:00PM (Lap Swimming)	4:30PM-5:00PM (Lap Swimming)
Nater Walking .ap Pool (1 Lane)						7:15AM-9:30AM (Water Walking)	7:15AM-9:30AM (Water Walking)
						4:30PM-5:00PM (Water Walking)	4:30PM-5:00PM (Water Walking)
KidZone Open Care Child Watch Area						8:30AM-12:30PM (Kidzone)	
Strength Main Studio						9:00AM-9:45AM (Strength) Agnes P.	
Programming - Reserved Gym A						9:15AM-12:15PM (Open Gym)	
						12:15PM-5:45PM (Open Gym)	
<b>Zumba Toning</b> Main Studio						10:00AM-10:45AM (Dance) Marianna H.	
<b>Pickleball</b> Gym B						10:00AM-1:00PM (Pickleball)	
<b>Fai Chi</b> Main Studio						11:30AM-12:15PM (Yoga & Pilates) David B.	
Advanced Tai Chi Main Studio						12:15PM-1:00PM (Yoga & Pilates) David B.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swimming Lap Pool (2 Lanes)						1:30PM-4:30PM (Lap Swimming)	2:00PM-4:30PM (Lap Swimming)
Family Swim Lap Pool (3 Lanes)						1:30PM-4:30PM (Family Swim)	2:00PM-4:30PM (Family Swim)
<b>Vinyasa Yoga</b> Main Studio						1:30PM-2:30PM (Yoga & Pilates) Amina M.	
Family Gym Time Gym A							9:00AM-11:00AM (Family)
<b>Programming - Reserved</b> Gym B							9:00AM-10:30AM (Open Gym)