



FOR IMMEDIATE RELEASE

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Join the Camden YMCA for a Day of Games, Wellness, and Prizes at Healthy Kids Day

Camden, NJ — Camden families are invited to the YMCA's **Healthy Kids Day** at **Whitman Park** (1551-53 Sayers Avenue, Camden, NJ) on **Saturday, May 3, 2025, from 10 a.m. to 2 p.m.** (Rain location: **Malandra Hall Community Center, 100 S. Merrimac Road, Camden, NJ.**)

Hosted by the Camden YMCA, in partnership with the **City of Camden** and **Camden Community Partnership**, this **FREE** event promises a day packed with family fun, physical activities, nutrition education, games, and access to valuable community resources.

Highlights include:

- A special performance by the **Whitman Park Cheerleaders**
- Free T-shirts and exciting giveaways
- Music, face painting, and raffles featuring prizes like bikes, scooters, and gift cards

Healthy Kids Day is a nationwide YMCA initiative celebrating healthy habits. Every year, YMCAs across the country host events that encourage kids to stay active, eat well, and embrace healthy lifestyles.

Registration is required. To sign up, visit [this link](#).

*"We're thrilled to bring Healthy Kids Day to the community," said **Torrie Garvin**, Executive Director of the Camden YMCA. "This annual event connects directly with the Y's mission: promoting youth development, healthy living, and social responsibility. When we invest in the health of our children, the entire community thrives. We're deeply grateful to the City of Camden — and Mayor Carstarphen, in particular — for their support in making this day possible."*

Don't miss this exciting opportunity to celebrate health, community, and family fun!

About the Greater Philadelphia YMCA

The Y is one of the nation's leading nonprofits, strengthening communities through youth development, healthy living and social responsibility. Throughout the Delaware Valley, the Greater Philadelphia YMCA serves more than 150,000 individuals each year – regardless of age, income or background – across 15 branches located in Berks, Chester, Delaware, Montgomery, Philadelphia, Pike, Burlington and Camden counties. Coupled with dozens of childcare sites, and one overnight camp in the Poconos, the Y has extraordinary reach in connecting people to healthier lives. For more information, please call 215-963- 3700 or visit philaymca.org.