

# welcome

## Silver Sneakers Members!

We're so glad you've chosen the Y as your wellness partner! Your insurance plan includes a Y membership—here's everything you need to know to get started:

### Checking In – Don't Forget to Scan!

Each time you visit, be sure to scan your unique membership key tag or mobile app barcode at the front desk.

### Not signed up yet?

You can join at any Greater Philadelphia Y by bringing a photo ID and your Fitness ID.

### Enjoy Full Membership Benefits

Once you register, you'll have full access to all 15 Greater Philadelphia YMCA locations and more!

- No fees to join
- No minimum visit requirements
- Access to all group exercise classes (land & water), fitness centers, pools, whirlpools, saunas, indoor/outdoor tracks, open gym time, and more!
- Plus, access to YMCA360 for live and on-demand workouts: [philaymca.org/mobile-app](https://philaymca.org/mobile-app)

**Please note:** *Silver Sneaker memberships are only valid at Greater Philadelphia YMCAs and do not include nationwide reciprocity.*

### Programs & Add-Ons

Some programs—like swim lessons, personal training, small group training, and select outdoor pools—may require a small additional fee. Amenities and fees vary by location.

### Renewing Your Membership

Your membership remains active as long as you're covered by your insurance plan. If your coverage changes, you'll have the opportunity to renew by starting the enrollment process again.

### Bonus Perks!

- Download the YMCA360 app to track workouts, earn Y Rewards, join challenges, view class schedules, and more!
- As a member age 18 or older, you'll also receive **free** guest passes to share with friends and family.

**Guest Policy Reminder:** *All guests must be accompanied by a current adult member (18+), show a valid photo ID, and may visit up to 3 times per calendar year. Each adult member can bring up to two guests per visit.*

# more info?

Stop by the Welcome Desk at any of our Y locations or call our Connection Center at 215-220-9199. We're happy to help!

